

Minnesota Student Survey 2019

LEVEL 1 (Grade 5)

You can help your community and school learn more about the lives and feelings of young people like you. The questions on this survey cover many areas. Some questions might make you feel uncomfortable. You do not have to answer any question you don't want to. You can choose not to complete the survey.

Do NOT write your name on this survey. No one will know how you answered these questions. Your answers will be kept private. Thank you for filling out this survey honestly and carefully.

BACKGROUND

1. Are you:

- Male
- Female

2. What is your grade in school right now?

- 5th grade
- 6th grade
- 7th grade

3. How old are you?

- 9 years old or younger
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old or younger

4. Are you...

4a. Hispanic or Latino/a

- Yes
- No

4b. Somali

- Yes
- No

4c. Hmong

- Yes
- No

5. In addition, what is your race? (If more than one describes you, mark ALL that apply)

- American Indian or Alaskan Native
- Asian
- Black, African or African American
- Native Hawaiian or Other Pacific Islander
- White

6. Which adults do you live with? (Mark ALL that apply)

- Biological mother (the woman who gave birth to me)
- Biological father
- Adoptive mother
- Adoptive father
- Sometimes mother, sometimes father
- Stepmother
- Stepfather
- Parent's girlfriend/partner
- Parent's boyfriend/partner
- Grandparent(s) or other adult relative(s)
- Foster parent(s)
- Other adult(s) I am not related to
- None

7. Can you talk to your father about problems you are having?

- Yes, most of the time
- Yes, some of the time
- No, not very often
- No, not at all
- My father is not around

8. Can you talk to your mother about problems you are having?

- Yes, most of the time
- Yes, some of the time
- No, not very often
- No, not at all
- My mother is not around

SCHOOL

9. Do you have an IEP or get special education services?

- Yes
- No

10. Do you currently get free or reduced-price lunch at school?

- Yes
- No

11. Since the beginning of the school year, how many times have you changed schools?

- 0 times
- 1 time
- 2 times
- 3 or more times

12. How would you describe your grades this school year?

- Mostly As
- Mostly Bs
- Mostly Cs
- Mostly Ds
- Mostly Fs
- Mostly Incompletes
- None of these letter grades

13. During the last 30 days, how many times have you...

13a. Gone to the nurse's office?

- None
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

13b. Stayed home because you were sick?

- None
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

13c. Been sent to the office for discipline?

- None
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

13d. Had an in-school suspension (ISS)?

- None
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

13e. Been suspended from school (out-of-school suspension/OSS)?

- None
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

14. How often do you...

14a. Care about doing well in school?

- All of the time
- Most of the time
- Some of the time
- None of the time

14b. Pay attention in class?

- All of the time
- Most of the time
- Some of the time
- None of the time

14c. Go to class unprepared?

- All of the time
- Most of the time
- Some of the time
- None of the time

15. How much do you agree or disagree with each of the following statements?

15a. If something interests me, I try to learn more about it.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

15b. I think things I learn at school are useful.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

15c. Being a student is one of the most important parts of who I am.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

15d. Overall, adults at my school treat students fairly.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

15e. Adults at my school listen to the students.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

15f. The school rules are fair.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

15g. At my school, teachers care about students.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

15h. Most teachers at my school are interested in me as a person.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

16. How much do you agree or disagree with each of the following statements?

16a. I feel safe going to and from school.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

16b. I feel safe at school.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

16c. I feel safe in my neighborhood.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

16d. I feel safe at home.

- Strongly agree
- Agree
- Disagree
- Strongly disagree

17. During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?

17a. Your race, ethnicity or national origin

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

17c. Your gender (being male or female)

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

17d. A physical or mental disability

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

17e. Your size or weight

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

17f. Your physical appearance

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

18. During the last 30 days, how often have you been bullied through e-mail, chat rooms, instant messaging, websites or texting?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

19. During the last 30 days, how often have other students at school...

19a. Pushed, shoved, slapped, hit or kicked you when they weren't kidding around?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

19b. Threatened to beat you up?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

19c. Spread mean rumors or lies about you?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

19d. Excluded you from friends, other students or activities?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

20. During the last 30 days, how many times at school have YOU...

20a. Pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

20b. Threatened to beat someone up?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

20c. Spread mean rumors or lies about someone else?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

20d. Excluded someone from friends, other students or activities?

- Never
- Once or twice
- About once a week
- Several times a week
- Every day

ACTIVITIES

21. During a typical week, how often do you go to the following places after school?

21a. I stay at my school or go to another school

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

21b. My home or another home such as a friend's, relative's or neighbor's

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

21c. A rec, community or other youth center

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

21d. A park or other outdoor space

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

21e. A library

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

21f. A church, synagogue, mosque, or other spiritual/religious place

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

22. During a typical week, how often are you home alone or somewhere unsupervised after school?

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

23. Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?

- Yes
- No
- I don't know what programs are available in my community.

24. During a typical week, how often do you participate in each of the following activities outside of the regular school day?

24a. Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

24b. School sponsored activities or clubs that are not sports, such as drama, music, chess or science club

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

24c. Tutoring, homework help or academic programs

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

24d. Leadership activities such as student government, youth councils or committees

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

24e. Artistic lessons, such as music or dance

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

24f. Physical activity lessons, such as tennis or karate

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

24g. Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

24h. Religious activities such as religious services, education or youth group

- 0 days
- 1 day
- 2 days
- 3 to 4 days
- 5 or more days

25. When you spend time doing activities outside of the regular school day, how often do you...

25a. Feel safe?

- Rarely or never
- Sometimes
- Often
- Very often

25b. Learn skills like teamwork or leadership?

- Rarely or never
- Sometimes
- Often
- Very often

25c. Develop trusting relationships with peers your age?

- Rarely or never
- Sometimes
- Often
- Very often

25d. Develop trusting relationships with adults?

- Rarely or never
- Sometimes
- Often
- Very often

25e. Help make decisions?

- Rarely or never
- Sometimes
- Often
- Very often

25f. Do something that gives you joy and energy?

- Rarely or never
- Sometimes
- Often
- Very often

25g. Learn skills that you can use in a future job?

- Rarely or never
- Sometimes
- Often
- Very often

HEALTH

26. How would you describe your health in general?

- Excellent
- Very good
- Good
- Fair
- Poor

27. When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?

- During the last year
- Between 1 and 2 years ago
- More than 2 years ago
- Never

28. When was the last time you saw a dentist or dental hygienist for a regular check-up, exam or teeth cleaning or other dental work?

- During the last year
- Between 1 and 2 years ago
- More than 2 years ago
- Never

29. Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.

- Yes
- No

30. During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time)

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

31. During a typical school week, on how many days do you go to physical education (PE or GYM) classes?

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days

32. During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?

- Yes
- No

33. During a typical school week, where do you usually get your lunch? (Mark ALL that apply)

- I usually don't eat lunch.
- Regular school lunch from the cafeteria
- The a la carte line (buy individual items)
- School store or vending machine
- Fast food restaurant, gas station or somewhere else outside of school
- I bring lunch from home.

34. During the last 7 days, how many times did you...

- 34a. Drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)
- I did NOT eat or drink this
 - 1 to 3 times in the last 7 days
 - 4 to 6 times in the last 7 days
 - 1 time per day
 - 2 times per day
 - 3 times per day
 - 4 or more times per day

34b. Eat fruit? (Do not count fruit juice)

- I did NOT eat or drink this
- 1 to 3 times in the last 7 days
- 4 to 6 times in the last 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

34c. Eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)

- I did NOT eat or drink this
- 1 to 3 times in the last 7 days
- 4 to 6 times in the last 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

34d. Eat from a fast food restaurant, including carry-out or delivery?

- I did NOT eat or drink this
- 1 to 3 times in the last 7 days
- 4 to 6 times in the last 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

35. How many cans, bottles or glasses of each of the following did you drink yesterday?

35a. Milk

- 0
- 1 or 2
- 3 or 4
- 5 or 6
- 7 or more

35b. Pop or soda

- 0
- 1 or 2
- 3 or 4
- 5 or 6
- 7 or more

35c. Sports drinks, such as Gatorade or Powerade

- 0
- 1 or 2
- 3 or 4
- 5 or 6
- 7 or more

35d. Energy drinks, such as Red Bull or Jolt

- 0
- 1 or 2
- 3 or 4
- 5 or 6
- 7 or more

35e. Other sugar-sweetened drinks, such as sweet tea, lemonade, coffee drinks or juice drinks

- 0
- 1 or 2
- 3 or 4
- 5 or 6
- 7 or more

35f. Water

- 0
- 1 or 2
- 3 or 4
- 5 or 6
- 7 or more

36. Has a doctor or nurse ever told you that you have...

36a. Asthma

- Yes
- No

36b. An allergy that requires you to carry an epi-pen

- Yes
- No

37. How often do you wear a seat belt when you ride in the FRONT seat of a car?

- I don't ride in the front seat
- Always
- Often
- Sometimes
- I never wear a seat belt

38. How often do you wear a seat belt when you ride in the BACK seat of a car?

- I don't ride in the back seat
- Always
- Often
- Sometimes
- I never wear a seat belt

39. During a typical school night, how many hours of sleep do you get?

- 4 hours or less
- 5 hours
- 6 hours
- 7 hours
- 8 hours
- 9 hours
- 10 or more hours

40. How much do you feel...

40a. Your parents care about you?

- Not at all
- A little
- Some
- Quite a bit
- Very much

40b. Other adult relatives care about you?

- Not at all
- A little
- Some
- Quite a bit
- Very much

40c. Friends care about you?

- Not at all
- A little
- Some
- Quite a bit
- Very much

40d. Teachers/other adults at school care about you?

- Not at all
- A little
- Some
- Quite a bit
- Very much

40e. Adults in your community care about you?

- Not at all
- A little
- Some
- Quite a bit
- Very much

41. In general, how does each of the following statements describe you?

41a. I can shape and influence what happens in my life and future.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41b. I feel good about myself.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41c. I say no to things that are dangerous or unhealthy.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41d. I build friendships with other people.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41e. I express my feelings in proper ways.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41f. I feel good about my future.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41g. I deal with disappointment without getting too upset.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41h. I find good ways to deal with things that are hard in my life.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41i. I plan ahead and make good choices.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41j. I stay away from bad influences.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41k. I resolve conflicts without anyone getting hurt.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41l. I feel valued and appreciated by others.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41m. I accept people who are different from me.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41n. I think about what I want to do in my life when I grow up

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41o. I am included in family tasks and decisions.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41p. I am given useful roles and responsibilities.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

41q. I am sensitive to the needs and feelings of others.

- Not at all or rarely
- Somewhat or sometimes
- Very or often
- Extremely or almost always

42. Thinking back the last 30 days, how much do you agree or disagree with each of the following statements?

42a. I worry a lot

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

42b. I sometimes feel bad without knowing why

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

BEHAVIOR

This question is about gambling/betting. By gambling/betting we mean when you bet money or something else of value so that you can win or gain money or something else.

43. During the last 12 months, have you done any gambling/betting, such as playing cards, betting on sports teams or games of personal skill like video gaming, pool, golf or bowling, or buying lottery tickets/scratch offs?

- Yes
- No

44. During the last 12 months, how often have you...

44a. Run away from home?

- Never
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

44b. Damaged or destroyed property?

- Never
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

44c. Hit or beat up another person?

- Never
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

44d. Taken something from a store without paying for it?

- Never
- Once or twice
- 3 to 5 times
- 6 to 9 times
- 10 or more times

45. During the last 30 days, have you smoked any cigarettes?

- Yes
- No

46. During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?

- 0 days
- 1 or 2 days
- 3 or 4 days
- 5 or 6 days
- All 7 days

47. During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?

- 0 days
- 1 or 2 days
- 3 or 4 days
- 5 or 6 days
- All 7 days

48. During the last 12 months, have you...

48a. Had alcoholic beverages to drink such as beer, wine, wine coolers, and liquor?

- Yes
- No

48b. Used marijuana (pot, weed) or hashish (hash, hash oil)? (do NOT count medical marijuana prescribed for you by a doctor)

- Yes
- No

48c. Sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?

- Yes
- No

48d. Used prescription drugs that were not prescribed for you by a doctor or that you took to get high?

- Yes
- No

49. How much do you think people risk harming themselves physically or in other ways if they...

49a. Smoke one or more packs of cigarettes per day?

- No risk
- Slight risk
- Moderate risk
- Great risk

49b. Have five or more drinks of an alcoholic beverage once or twice per week?

- No risk
- Slight risk
- Moderate risk
- Great risk

49c. Smoke marijuana once or twice per week?

- No risk
- Slight risk
- Moderate risk
- Great risk

49d. Use prescription drugs not prescribed for them?

- No risk
- Slight risk
- Moderate risk
- Great risk

50. How wrong do your parents feel it would be for you to...

50a. Smoke cigarettes?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong

50b. Have one or two drinks of an alcoholic beverage nearly every day?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong

50c. Smoke marijuana?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong

50d. Use prescription drugs not prescribed for you?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong

51. How wrong do your friends feel it would be for you to...

51a. Smoke cigarettes?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong

51b. Have one or two drinks of an alcoholic beverage nearly every day?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong

51c. Smoke marijuana?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong

51d. Use prescription drugs not prescribed for you?

- Not at all wrong
- A little bit wrong
- Wrong
- Very wrong