

Detransitioning: former transgenders speak out

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March 8, 2017

A growing group of men and women who once considered themselves to be “trans” now realize they got it wrong and have regrets. Some have gone to extreme medical intervention, including hormones and surgery, and are currently seeking to return to their natural biological sex. This growing movement is called “detransitioning.” Their stories are being denied and hidden by transgender activists, however.

Many former transgenders are sharing their personal experiences on the internet and warning others not to make the same mistake. If these men and women had been told the truth from the beginning that gender cannot be changed, it would have spared them a lot of anguish from bad decisions that include high social and economic costs.

One young woman, Carey Callahan, describes how she was “operating under delusional ideas of what it would take to pass as a male.” She had an obsessive fantasy that her life would be better as a man and that transgenderism would be a road map to make her feel better. She now admits that she did not have realistic expectations about how her body would look.

Taking testosterone made her feel good. But when she looked in the mirror, her mental image of her body didn’t match the reflection. Much to her dismay, all she saw in the mirror was a hairier female. Many transgenders do not consider the difficulty of dealing with the physical remnants of the sex they rejected.

Cari Stella, a female who is detransitioning, started taking testosterone at 17 and at 20 had a double mastectomy. She is living with the tragic results of her mistake. She describes herself as a 22-year-old woman “with a scarred chest, a broken voice, and a five o’clock shadow.”

The voices of those on the detransitioning journey back to their natural biological sex deserve to be heard. Their words are powerful and just might help to spare others from making life-changing decisions they will regret.

As one detransitioning woman summarized, “...this trend is going to have a devastating impact on today’s youth about 10 years down the road. These things are not very well studied, and we are/were their guinea pigs.”